



archery^{GB}
Talent Team



Great Britain Talent Coach Prospectus
Two Year Development Programme
World Class Coaching at Every Level

 **Foresters**
Friendly Society

WELCOME TO THIS INAUGURAL TALENT COACH DEVELOPMENT PROGRAMME. IT IS DESIGNED FOR THE UNIQUE NEEDS OF COACHES WORKING WITHIN TALENT PROGRAMMES SUPPORTING “WORLD CLASS COACHING AT EVERY LEVEL.”



Danielle Brown

Within this period of unprecedented change in our sport, there is an appetite for performance coaching practice to align from the top of our Olympic and Paralympic pathways to grass roots. There is also a desire for athletes to learn better and faster than ever before.

Athletes and coaches are the backbone of performance archery and it is our aim to better support both in the environments in which they work. The Archery GB Talent Team will offer the coaching leadership needed to set world class standard of coaching practice at each tier of our pathway.

Coaching is absolutely fundamental to ensure our archers enjoy and excel in their sport. This new programme is aimed at supporting and developing coaches in Great Britain to gain new skills, approaches and confidence with their expertise to making their work more effective and enjoyable.

There is already an incredible amount of expertise with our coaches and building confidence with that is key to creating momentum in our athletes' performances, always evolving to ensure we have World Class Coaching at Every Level of Our Olympic and Paralympic Pathway.

Ceri Ann Davies, Archery G.B. Performance Pathways Manager

COUNTDOWN TO LAUNCH

25th August 2014

Applications open

1st September 2014

Regions to appoint lead contact point to Performance Pathways Manager

Regions to encourage any coach fitting the criteria to apply with their support

1st November 2014

Applications close

5th December 2014

Recruitment and Selection, Lilleshall National Sports Centre

30th January 2015

Launch, Lilleshall National Sports Centre



AIMS AND OBJECTIVES



Ashe Morgan



Amy Oliver



Becky Martin

Aims of the programme

To provide support and development to:

- Expand the knowledge of coaches of the pedagogy that underpins world class practice
- Broaden the understanding of coaches of age and stage related world class performance development
- Influence coaching practice/behaviours to better support the needs of athletes in the GB Talent Pathway, aligned to what it takes to win on the Olympic and Paralympic stage

Who is the programme aimed at?

- Coaches who are working locally with archers engaged in any tier of the Talent Pathway:
National Talent Development Programme
National/Home Country Age Group Squads
Performance Academies
Talent Confirmation Phase
- Coaches who have the enthusiasm, desire and commitment for continual professional development

We will look to recruit up to 10 Coaches for this Programme for this two year programme of development. Coaches are required to be of level 1 and above.

Objectives of the programme

For coaches to:

- Learn from and contribute to the Archery GB Talent Team community of practice, learning on the job by engaging in Talent Development activities and case conferences
- Analyse and reflect on their own coaching practice/behaviour to ensure they are meeting the needs of their athletes and helping to inform their own continual self-development
- Own and take responsibility for their own development
- Have a greater understanding and knowledge of the technical, physical, psychological and social requirements of age-group talent athletes
- Develop more effective communication skills and practices
- Grow in confidence in their expertise that their practice with talent athletes is world class for that level of the pathway
- Be equipped to use athlete profiling at foundation levels of the talent pathway and report effectively in to the Performance Pathway Manager for 2015 and beyond

PROGRAMME STRUCTURE



Larry Godfrey

WHAT TO EXPECT FROM THE PROGRAMME

This innovative new programme, designed especially for coaches working within the Home Nations talent pathways, will be a blend of knowledge and skill-based learning delivered over a two-year period. It will expose the coaches to talent development activity the length and breadth of our performance pathway.

Two-year Great Britain Talent Coach Development Programme will include:

Leadership Support:

- Direct Support from the Performance Pathway Coordinator
- Group Session with the Talent Team together with our coaching consultant

Talent Confirmation Phase Support

- 3 X Talent Confirmation benchmarking sessions with Lead EIS practitioners

World Class Programme Support:

- 6 X Case Conferencing weekends at Lilleshall National Sports Centre. This will include all World Class Programme Coaches, Coaching Consultant, Performance Pathways Manager, lead bio mechanist, physiotherapist and strength and conditioning leads (when required), Academy Coaches and Talent Coaches.



APPLICATION FORM

To be submitted to Anna Stodter no later than midday, 1st November 2014 at:

Anna Stodter, Performance Pathway Coordinator, Archery GB Performance, Lilleshall National Sports Centre, nr Newport, Telford, TF10 9AT



Name:

Address:

Postcode:

Tel:

Email address:

Region:

Number of hours coaching per week:

Briefly describe age and stage of development of the archers you coach:



Danielle Brown



Becky Martin

Performance Academy Support

- 8 X Performance Academy Residential Camps
- Shadowing sessions within the Performance Academies focused on key meso-cycle technical transitions of:
 - Analysis leading to technical phase planning and individualised periodisation
 - Pre-competition technical assurance phase and performance planning
 - Pre competition simulation and integrated mental skills programmes
- Performance Analysis of supporting and key domestic/national events

Talent Development Support

- 8 X Talent Development residential weekends
- Observation and then delivery of Talent Development support alongside out Talent Team on key tracking and benchmarking dates in the programme
- Delivery experience at the next Talent Development Open Recruitment Day in 2015-2016
- Delivery of athlete profiling in 2015-2016

Performance Coach Mentor Support

Each coach will work with a mentor from our Archery GB Talent Team to facilitate targeted individual development and reflective practice. The mentor will act as a sounding board: someone who will listen impartially to ideas and approaches, enabling the coach to reflect more objectively.

Please outline your current coaching role and responsibilities:

Supporting statement (to be completed by coach)

Why do you want to be on this programme, and how do you believe the programme will benefit you?

Signature of nominated coach:

CRITERIA AND EXPECTATIONS

Criteria

Region/Home Nation can demonstrate a track record of:

- Proactive engagement with the Archery GB Performance Pathway Manager to develop or deliver against strategic plan for performance at Regional/Home Nation Talent level
- Actively supporting archers on the GB Talent Pathway
- Commitment to personal and professional development of their performance development/talent coaches

Coach can demonstrate a track record of:

- Engagement in personal and professional development as a coach/instructor/teacher to develop coaching practice and behaviours aligned to the World Class technical model
- As a minimum, actively coaching archers engaged in the Talent Pathway at any tier
- Commitment to personal and professional development as a performance development/talent coach
- Proactive engagement in their community, club, county region to establish or engage in training group/squad activities to support performance/talent development



Naomi Folka

Kieran Slater

Expectations

Regions/Home Nations commit to:

- Support any coach selected for this programme in an equitable manner in line with any policies related to coach travel and accommodation expenses associated with this programme
- Work constructively with the Coach and Archery GB Performance to provide opportunities to add value to existing regional performance development initiatives and/or explore options around launching new projects/initiatives
- Work with the Coach to create opportunities for the Coach to disseminate and share information and knowledge within club and network of clubs across the region. Support the coach in this work throughout the region

Coach to:

- Work constructively with Archery GB Performance and its Talent Team in delivering key messages of our Talent Development Model to grass roots and Regional/Home Nation level
- Attend all parts of the Talent Coach Development Programme
- Work in a proactive way with the Region/Home Nation to set up new or add value to existing project, initiatives and programmes
- Be the champion of Talent Development for the Region/Home Nation